

PLEASE NOTE: Cancellations must be made at least 10 working days (M-F) prior to outdoor classes.

**OUTDOOR ADVENTURE TRIPS**

Ages 11-18 must be accompanied by paid adults.

Trips are rain or shine. Fee includes equipment unless noted below.

A directions and equipment list will be mailed one week prior to the trip.

**Beginning:** No prior skill required, should be in reasonable shape.

**Intermediate:** Should have prior experience in similar activity and be in reasonable shape.

*Recreation activities can reduce stress and depression and contribute to emotional and psychological well-being. These trips also provide a great opportunity to get outdoors and meet new friends!*

**Snowshoe Lesson/Tour**

Beginning or Intermediate. Guides/instructors will be with you at all times and will ensure your safety and satisfaction. Trips are usually between 2-6 miles with less than 750 feet of elevation gain/loss.

With Transportation-

Pick-up at Gateway Max Station

8:25am-5pm \$69

72413 Su 1/24 Mt. Hood

72414 Sa 1/30 Mt. Hood

75453 Sa 2/13 Mt. Hood

With Transportation-

Pick-up Vancouver 134th St Park and Ride

7:50am-6:30pm \$69

72415 Su 1/17 Mt. St. Helens

Without Transportation-

Meet at Mountain Tracks

9:50am-3:20pm \$59

72416 Su 1/24 Mt. Hood

72417 Sa 1/30 Mt. Hood

**Snowshoe Trip**

Beginning or Intermediate. Mt. Hood trips are usually between 2-6 miles with up to 1,300 feet of elevation gain/loss.

With Transportation-

Pick-up at Gateway Max Station

75454 Su 3/14 8:25am-5pm \$69

Without Transportation-

Meet at Mountain Tracks

75455 Su 3/14 9:50am-3:20pm \$59



**Cross Country Ski Lesson/Tour**

Beginning or Intermediate. Explore the wonders of the winter landscape of Mt. Hood. A stop will be made en route to rent ski equipment (which usually costs an additional \$12).

With Transportation-

Pick-up at Gateway Max Station

72423 M 1/25 8:45am-5pm \$62

75457 Su 2/21 8:25am-5:20pm \$62

Without Transportation-

Meet at Mountain Tracks

9:50am-3:20pm \$52

72422 Sa 1/9

75456 Su 2/21

**Fly Fishing for Trophy Trout**

You'll enjoy a full day-trip to a private, trophy rainbow trout fishery (nisquallyvalley.flyfishing.com), where we'll spend the day casting a fly to willing, eager and trophy-size rainbow trout! This trip includes transportation, rental gear (donated by Rajeff Sports), and a quick instruction on the basics of casting a fly rod. Bring a lunch, and a camera!

Sa 8am-6pm \$95

72444 1/9

73937 4/3