

This section features classes offered at the Marshall Community Center and Luepke Center. Please see page 13 for adult enrichment opportunities on the east side of town at Firstenburg Community Center.

Classes are for people 18 and older (some exceptions, call if you have questions). If you're over 60, you may qualify for a 10% discount. You must mention this at the time of registration. Registration is necessary and will ensure your place in the class! Registration information is on pages 65 and 66. All supply lists (when applicable) are printed on the registration receipt.

SPECIAL INTEREST

See classes for adults Fifty and Better on pages 43-47.



Coupons to Cash:

Creative Ways to Cut Your Costs

Recover from holiday spending and cut your grocery bill in half! Practical instructions for using coupons at local stores as well as online resources to score major savings and freebies. Internet access recommended. Melanie Brawley. Luepke Conference Room. 3 wks.

75768 M 1/25-2/8
7:15-8:45pm \$35



Discover Dramatic Deals and Discounts in Clark County

Discover deals on entertainment, shopping and eating out and tips on the area's new and used retailers, online bargains, buying and selling on Craig's list and garage sales. Internet access recommended. Melanie Brawley. Luepke Conference Room. 3 wks.

75769 M 2/22-3/8
7:15-8:45pm \$35



Cake Decorating for Beginners

Enhance your cake decorating skills & learn essential techniques such as icing, properly filling and holding bags, pressure control, borders, writing and flowers. You'll complete a beautifully decorated cake. Supplies needed discussed at first class. Rhonda Johnson. Marshall Oak Room. 6 wks. No class 2/15.

75649 M 2/1-3/15
1-3pm \$55



Basic Photography - Using Art, Camera Elements and Principles

Improve your photographic skills to achieve artistically better photos. Camera function will be discussed and you'll improve your ability to see the world differently. Michael Serbesku. Marshall Elm Room. 5 wks.

75632 Sa 1/30-2/27
3-5pm \$55



Portrait Photography

Improve your skills and confidence as you explore basic and advanced techniques in portraiture work, including posing, lighting and special situations. Michael Serbesku. Marshall Elm Room. 5 wks.

75634 Sa 3/13-4/10
3-5pm \$55

First Aid, CPR, AED Certification

Develop life-saving skills and become certified for two years through Keep the Beat. Park Lido Assisted Living Center, 8422 NE 8th Way, Vancouver.

Th 6-10pm \$40
74088 1/7 **74089** 2/4
74090 3/4 **74091** 4/1

Sewing Clothes That Really Fit

Never have another fit disaster! Learn the basics of fitting any commercial pattern to make garments you really love to wear. Helen Bartley, Seam Divas Sewing Lounge.

76064 Sa 3/13
11-12:30pm \$15

Serge with Confidence

Learn how to set up your serger, explore basic stitch types and finish a sewing project. Joyanna Carlton, Marshall Arts & Crafts Room East. 2 wks.

75670 Th 1/14-1/21
3-5pm \$35



You Can Do It Yourself- Simple Home Repairs

Learn how to make simple home repairs yourself. Rick Arnold, West Coast Home Improvements. Marshall Arts & Craft Room East.

75671 M 3/15
5-6:30pm \$15



Writing an Autobiography

Write your life's story. Joyanna Carlton. Luepke Conference Room. 2 wks.

75405 F 2/19-2/26
4-5:30pm \$30

Smoking and Cooking Fish from Local Waters

Concepts on building and buying smokers, curing vs. brines, fuels, herbs, spices and cleaning and preparing of fish. Take home new recipes. Don Samec. Luepke Alcoa Room.

73965 Th 4/8
6-9pm \$15

Urban Farm School Workshops

W 6-8pm \$15 per class Marshall Arts & Crafts Room West



Planning the Garden

Focus on crop rotation, space-saving planting techniques, good plants for small spaces, cool and warm weather crops, as well as mapping and drawing your plan. Please bring graph paper and pencil.

74065 1/27



Composting Basics

Learn about appropriate material, bins, methodology, and troubleshooting as well as in-place composting techniques used for easy installation and maintenance.

74066 2/10



Starting Seeds

Basics of starting seeds for the vegetable garden. Soil mediums, light and heat requirements, hardening off, greenhouse options, and more will be discussed.

74063 2/24



Organic Pest and Disease Control

Basics of controlling common garden pests and diseases without the use of chemicals - beneficial insects, planting techniques, homemade remedies, and commercial products for the control of insects, diseases, and larger varmints.

74062 3/10



Keeping Urban Chickens

Ages 12+. Learn the basics of keeping laying hens in a backyard lot. Breeds, food requirements, co-op options, brooding, common diseases, local codes and more.

74064 3/24

COMPUTER SAVVY

Get a Website, Quick, Cheap & Easy

No web development experience required! Discover easy-to-use, template driven design tools that can build a basic site in 60 minutes. Determine how to choose the best web-hosting company for your needs and budget, and how to make money by selling on your site!

Marshall Center Oak Room.
75648 Sa 2/13 9am-noon \$47

Intro to Social Media

You've heard you should be tweeting, facebooking and "linked" on Linked In. If you're wondering if social networking is a good investment of time, join us! Matt Payne simplifies social networking while giving guidelines to choose for yourself.

75908 W 1/6 6-7:30pm \$25
 Luepke Community Room
75909 Sa 1/30 10-11:30am \$25
 Luepke Conference Room

Social Networking

Ready to jump into the Social Networking arena and need tips, tricks, and strategies? Receive an overview of each application, help with personal strategy & time management tips, including how to surf safely. Matt Payne.

Facebook for Busy People

75910 T 1/26 6-8:30pm \$39
 Luepke Community Room
75911 Sa 2/6 10-12:30pm \$39
 Marshall Oak Room

Twitter For Busy People

75912 T 2/9 6-8:30pm \$39
 Luepke Community Room
75913 Sa 2/20 10-12:30pm \$39
 Luepke Conference Room

LinkedIn For Busy People

75914 T 2/23 6-8:30pm \$39
 Luepke Community Room
75915 Sa 3/6 10-12:30pm \$39
 Luepke Conference Room

YOU AND YOUR MONEY

See page 45
 for Grandparents' Guide to College Funding

Budgeting Instructor, Jeff Brooks

Budgeting in Today's World

Wondering where your money goes? Learn how to change spending habits, put together a personal, realistic spending plan and gain control over your finances. Luepke Alcoa Room.

Th 6:30-8pm \$10
75448 1/14
75449 2/25
75669 3/11

Fundamentals of Investing

In today's uncertain economy, don't you want to take charge of your investments? Get answers and learn the fundamentals of different types of investment accounts. Luepke Alcoa Room.

T 6:30-8pm \$10
75447 1/12
75450 2/23
75662 3/9

College Funding Instructor, Mark Lengel

Navigating the College Financial Aid System

Maximize your student's eligibility for aid - the process, sources, forms, timelines and calculations. Plan to make college an affordable reality. Luepke Alcoa Room.

73903 W 1/27 6:30pm \$12

Scholarships for Student Athletes

Proactively market yourself to increase your odds for getting noticed, recruited and receiving a scholarship. Learn six steps to a successful marketing campaign. Marshall Conference Room.

73904 W 2/24 6:30pm \$12

Funding College Without Going Broke

Discover unique academic, financial and tax strategies that can dramatically lower college costs. Your child may attend college at a fraction of what you expected to pay. Marshall Conference Room.

73905 W 3/10 6:30pm \$12

WEST-SIDE ADULT

Computer Savvy Sundays

All computer classes are sponsored by and held at The International Air Academy, 2901 E. Mill Plain Blvd. and instructed by Yolanda Frazier.



Computer Knowledge I - Basic

Understand the basics of your home computer: icons, deleting and saving files, locating basic software applications, and locating saved documents and photo files. 3 wks.

75905 Su 1/24-2/7 2-3:30pm \$45

Computer Knowledge II

Continuation of Basic Computer Knowledge I. Basic computer skills required. Review general information and begin exploring practical applications including the Internet. 3 wks.

75906 Su 2/21-3/7 2-3:30pm \$45

Intro to the Internet

Learn to navigate your way through the Internet, while discovering a world of new information, research tools and connection technology. 2 wks.

75907 Su 3/14-3/21 2-3:30pm \$39

PowerPoint, Email, File Sharing

Discover how easy it is to create a fun & basic PowerPoint Presentation for various purposes. Learn to attach and send presentations electronically via email. Basic computer skills required.

75916 Su 4/11 2-5pm \$39

**YOU AND YOUR MONEY
CONTINUED**

Real Estate Instructor, Don Samec

**Incorporating:
Will it provide you with asset
protection and tax relief?**

Should you incorporate? Learn the difference between the C & S-Corps, LLC, LLP, General and Limited Partnerships and the benefits they provide. Luepke Alcoa Room.

73906 Th 1/21-1/28
6-9pm \$30

**Buying/Renting Residential
Property/Landlord Rights**

Learn about negotiating the sales price, insurance, taxes, codes, financing, appraisals, value, inspections, sales agreements, earnest money, return and leveraging. Marshall Conference Room. Bring lunch.

73909 Sa 1/23
9am-4pm \$35

**Selling/Buying Real Estate with
Contracts or Lease Options?**

Understand contracts, trust deeds and options. Discuss sales agreements and earnest money, parties involved, terms of payments, taxes and other considerations. Luepke Alcoa Room.

74079 T 2/9 & 2/16
6-9pm \$30

**The Residential Landlord-Tenant
Act and Laws against
Discrimination**

Review landlord/tenant rights, local/federal discrimination laws and rental agreements and leases. Marshall Conference Room. Bring a lunch.

73910 Sa 3/20
9am-4pm \$35

Selling and/or Buying a Home?

First time or experienced homeowners will learn to sell/buy a home yourself or with professional assistance, as well as negotiating the sale & price, values, appraisals, inspections, deeds, sales agreements, earnest money and more. Marshall Conference Room.

73938 W 4/7-4/21
6-9pm \$35

FINE ARTS & CRAFTS

**Watercolors -
Beginning**

Practice graduated washes and glazing, learn to control watercolors, study timing, brush control, value, colors and how to use different tools with step-by-step techniques that will improve your painting. Larry Johnson. Supply list at registration. Marshall Arts and Crafts Room West. 6 wks.

75642 Sa 1/23-2/27
3:30-6pm \$68



**Watercolors -
Intermediate**

A continuation class for those who have taken the Beginning Watercolors class and feel comfortable moving on, or for artists with some experience that want to improve their water color techniques. Supply list available at registration. Larry Johnson. Marshall Arts and Crafts Room East. 6 wks.

75643 Sa 3/13-4/17
3:30-6pm \$68

Beginning Drawing

Explore the basics of drawing elements, which include line, shape, form and composition. Supplies to bring to first class: 11"x17" drawing pad, 2B & 6B graphite pencils and kneaded eraser. Carol McNatt. Marshall Arts and Crafts Room. 6 wks.

75646 F 1/15-2/19
10am-noon \$58

Painting with Oil Pastels

Experience the vibrant colors of oil pastels. Focus on the basic concepts of composition, tonal value and color contrasts. Supply list available at registration. Carol McNatt. Marshall Arts and Crafts Room. 6 wks.

75645 F 3/5-4/9
10am-noon \$58

The Joy of Oil Painting

Discover the joy of completing a beautiful oil painting with wet-on-wet oil painting technique. \$24 material fee payable to instructor, or bring your own supplies based on material list. Marshall Craft Room East.

Sa 9am-1pm \$25

73952 1/9 **73953** 2/6
73954 3/6 **73955** 4/3

Community Clay Class: All levels of experience will work together with clay in low fire ceramics. Emphasis will be on wheel work, but hand-built projects are also welcome.

Jamie Schaeffner. Marshall Arts and Crafts Room. 5 wks. No class 3/20, 3/27. Pottery and clay classes include the first 25 lbs. of clay and firings. Students purchase additional clay. Supplies list provided at registration. Marshall Craft Room West.

Sa 1-3pm \$65
73843 1/16-2/13 **73844** 3/6-4/17

**Do It Yourself
Bridal Bouquets**

Learn everything you need to know to make your own bridal bouquets. Go home with a completed bouquet and lots of expert tips and advice. \$30 supply fee payable to instructor Jennifer Fish. Luepke Community Room.

75780 Sa 2/20
10am-noon \$25

**Do It Yourself
Floral Centerpieces**

Are you hosting a wedding or special event? Discover ways to make your own affordable and beautiful centerpieces. Take home a completed centerpiece and lots of expert tips and advice. \$30 supply fee payable to instructor Jennifer Fish. Luepke Community Room.

75787 Sa 3/27
10am-noon \$25

Woodcarving in the Round

Carving wood is interesting. You'll learn to sharpen your fixed knife. Create several small projects. Bring a sturdy glove. Materials fee of \$1-\$3 payable at each class. Marshall SPOT. 5 wks.

Th 6:30-9pm \$45

73956 1/14-2/11
73957 2/25-3/25
73958 4/1-4/29

Scandinavian Rug Making

Discover the ease of hooking your own beautiful and durable rugs using an old Scandinavian technique. \$30 material fee payable to instructor. Marshall Arts and Crafts Room. 5 wks.

73971 W 1/27-2/17
6-8pm \$35

Beading Fundamentals

It's easy to make your own custom earrings, bracelets and necklaces to match your wardrobe. Keeping current with fashion trends has never been so affordable. \$20 material fee payable to instructor. Luepke Alcoa Room. 3 wks.

73972 W 3/3-3/24
6-8pm \$28

Gift Baskets

Fill baskets with your creations of melt and pour designer soaps, lotions, bath salts, spritzers and scented oils. \$20 material fee payable to instructor. Marshall Kitchen. 3 wks.

73973 W 4/7-4/21
6-8pm \$28

Garden Art Classes

A \$10 supply fee is required for all classes and payable to instructor, Emmy Heiter. Classes held in Marshall Craft Room. These make wonderful gifts!

Word Stones

Express yourself as you create new ornaments for your garden. Make three bricks with your favorite inspirational word imprinted into stone.

W 6:30-8:30pm \$18
73959 2/3 **73964** 4/28

Stepping Stones

Make two stepping stones for your garden. Bring rocks, marbles, beads, coins or personal memento, etc. to embed into your stones. Bring rubber gloves.

73960 W 3/24
6:30-8:30pm \$18

MUSIC & PERFORMANCE

Schedule your 1/2-hour lesson when registering for a music class.

Piano, Voice or Flute - Private Lessons

Learn basic piano, voice or flute skills in a matter of weeks. Basic music theory and good technique are taught. Lessons are tailored to student's needs. Deanna Ramage. 5 wks. No class 1/18 or 2/15. Luepke Ste. 1.

\$65 per 5-wk session
M/T/W/F 2-6:30pm Sa 1:30-4:30pm

M	74023 1/4-2/8	T	74026 1/5-2/2
	74033 2/22-3/22		74021 2/9-3/9
	74024 3/29-4/26		74022 3/16-4/13

W	74027 1/6-2/3	F	74029 1/8-2/5
	74035 2/10-3/10		74030 2/12-3/12
	74028 3/17-4/14		74031 3/19-4/16

Sa
74032 1/9-2/6
74034 2/13-3/13
74025 3/20-4/17

Piano Lessons - Thursday and Saturdays

As you learn the basics, theory and technique, you'll also make up your own music and go to a deeper understanding of music that is already written. Louise Nedela. 5 wks.

\$65 per 5-wk session
Sa 9am-1pm Th 4-6pm
Luepke Ste. 1 Luepke Stage
74038 1/9-2/6 **74041** 1/7-2/4
74039 2/13-3/13 **74042** 2/11-3/11
74040 3/20-4/17 **74043** 3/18-4/15

Private Guitar Lessons

Learn about the guitar, reading music, and building confidence while having fun. Advanced students will learn music theory and composition scales, arpeggios, fingerboard harmony, and a fresh approach to their instrument. Beginners need to purchase "Mel Bay's Modern Guitar Method-1", found at most music stores. Sam Larson. Luepke Ste. 1. 5 wks.

Th 3-7pm \$90
73900 1/21-2/18 **73901** 2/25-3/25
73902 4/8-5/6

HEALTHY LIVING

Couples Massage Workshop

Support and nurture your partner, spouse or friend, by learning basic massage strokes from a licensed massage therapist. Give longer massages without getting tired. Wear comfortable clothes. Location: NW Corrective Massage 301 E McLoughlin Blvd. Suite C Vancouver, WA 98663

76063 2/28 Su
1-4pm \$80 per couple

Living Well Workshops

Instructed by Joy Lasseter, Ph.D. Nutritionist. Marshall Conference Room.

Nutrition Tips for Fatigue, Lethargy & Low Energy

Explore foods and lifestyle practices that rob your energy and leave you constantly tired. Change your eating habits to regain your energy and vitality.

73991 W 1/27
6pm \$20

Relieve Indigestion, Gas and Heartburn Naturally

Over-the-counter medications for indigestion and heartburn have increased dramatically. Explore the factors involved in these complaints & discover how to change your habits to improve digestion.

73992 W 2/24
6pm \$20

Improve Mental Function Naturally

Do you have brain fog, memory lapses, poor recall, and failing concentration? Change your eating habits and improve your mental function.

74003 W 3/24
6pm \$20

Nutrition for Iron Deficiencies

Iron is an important nutrient for our blood and our total health. Are you pale, tired or weak? Learn which food combinations increase iron absorption.

74004 W 4/28
6pm \$20

DANCE AND MOVEMENT

See page 60 for Shukokai Karate and Aikido Classes in Adult Sports.

Dance and Movement Class Demonstration Days!

Are you interested in trying out a new class? Join us for a FREE demonstration and meet the instructors. Receive a one-time 10% discount if you participate and register that day. Marshall Center Oak/Elm Rooms.

Celtic Tap, Scottish Country Dance, Belly Dance

T 1/5 6-7:30pm

Line Dance, Aikido

W 1/6 6-7:30pm

Zydeco Dance, Country Two Step, Shukokai Karate

Th 1/7 6-7:30pm

Celtic Tap - Beginning

Learn the basics of Cape Breton, American Tap, and Scottish and Irish Step Dancing to lively Celtic music. Wear smooth-soled shoes with or without taps. Linda Mae Dennis. Marshall Oak Room. 8 wks.

T 5:30-6:30pm \$39

73873 1/12-3/2 73874 3/9-4/27

Celtic Tap - Intermediate

T 6:30-7:30pm \$39

73875 1/12-3/2 73876 3/9-4/27

Scottish Country Dance for Everyone

A weekly evening of social dancing to live fiddle and keyboard. Enjoy Scotland's fusion of lively rhythms and traditional dance. Partners not necessary; low heeled shoes. Marshall Elm Room. 8 wks.

W 7:45-9pm \$39

73884 1/13-3/3 73885 3/10-4/28

Folk Dance Potpourri - An evening of dancing for everyone!

Enjoy a lively potpourri of folk and line dance styles at this popular event with live music. Instruction provided, no line dance necessary. Soft-soled shoes recommended. Sponsored by: Vancouver USA Scottish Country Dancers. Luepke Community Room.

Sa 2/20 7-10pm

\$7 per person at the door.

Zydeco Dancing

Start with basic Zydeco, an easy and energetic partner dance from Southwest Louisiana, and add new moves every week. Partner recommended. John Klindt. Marshall Oak Room.

Th 6:45-8pm \$39

73877 1/14-3/4 73878 3/11-4/29

Country Two Step

Have fun learning the fundamentals and beyond of country's most popular dance and improve your lead follow skills at the same time. Partner recommended, but not required. John Klindt. Marshall Oak Room.

F 6:45-8pm \$39

73879 1/15-3/5 73880 3/12-4/30

Line Dance

Boot scoot into some fun! This is great exercise, a way to make new friends and no partner needed. Prior dance experience not required for beginning class. Intermediate class requires a thorough understanding of basic line dance steps. Leather sole shoes recommended - no tennis shoes. Andy Chumbley. Luepke Community Room. 8 wks.

W \$39

Beginning Intermediate

4:30-5:30pm 5:45-6:45pm

73837 1/13-3/3 73881 1/13-3/3

73838 3/10-4/28 73882 3/10-4/28

Belly Dance

This is a fun way to get fit and learn an exciting new dance form. Finger cymbals are introduced. Class includes a night out to a Greek or Arabic restaurant and a sewing workshop for a costume. Ruby Sowder. Luepke Community Room. 8 wks.

Th \$39

Beginning 6:30-8pm Intermediate 8-9pm

73839 1/14-3/4 73841 1/14-3/4

73840 3/11-4/29 73842 3/11-4/29

Social Dancing at Groove Nation

These classes are fun for everyone and easy to learn! Taught by certified ballroom dance instructors. Bring your Parks and Recreation receipt to your first class. For questions, contact Groove Nation at 699-7150. Classes held at Groove Nation 7500 NE 16th Ave, Unit 1D. Level 1 is a pre-requisite to level 2 classes. No class 3/31 and 4/2. 8 wks.

Ballroom I: You'll be introduced to the most popular and lively social dances known.

F 7-8pm \$94

75790 1/8-2/26 Salsa and Merengue

75793 3/5-4/30 West Coast Swing

Ballet and Tap classes are taught by Patty Miletich, who has over 25-years' experience instructing for Vancouver-Clark Parks and Recreation. Classes are in the Marshall Oak/Elm Room. No class 1/18 or 2/15.

Ballet II: 15 and older: Advanced to intermediate; classical Russian ballet technique includes barre and center work.

M 6:30-7:30pm

73859 1/11-3/15 \$70 8 wks

73860 4/5-4/26 \$35 4 wks

Ballet III: 15 and older: Intermediate-advanced ballet barre and center work.

W 6:30-7:30pm

73862 1/13-3/17 \$88 10 wks

73863 4/7-4/28 \$35 4 wks

Tap I: Beginning Tap dance for adults.

M 5:45-6:30pm

73865 1/11-3/15 \$54 8 wks

73866 4/5-4/26 \$27 4 wks

Tap II: Advanced Beginner-Intermediate level tap for adults. Warm up to basic rhythm and learn a routine.

W 5:45-6:30pm

73868 1/13-3/17 \$48 10 wks

73869 4/7-4/28 \$19 4 wks

Ballet Pointe Class: A pointe shoe class for various levels of experience. Beginners must have sufficient prior training to go en pointe and will be confined to barre work. Experienced students will do barre work and centre.

M 7:30-8pm

73871 1/11-3/15 \$35 8 wks

73872 4/5-4/26 \$18 4 wks



Ballroom II: Advance your dancing skills and learn to waltz.

F 8-9pm \$94

75794 1/8-2/26 75795 3/5-4/30

Adult Hip Hop: High energy movements are broken down into simple, easy-to-learn segments and repeated enough for a beginner to learn.

W 8:30-9:30pm \$94

73894 1/6-2/24 73895 3/3-4/28